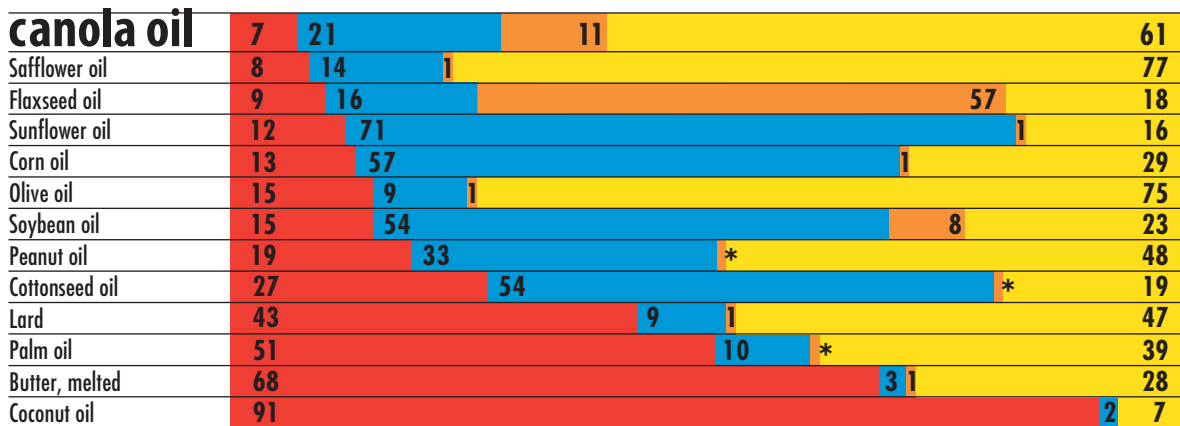


canola *oil*/dietary *fat*

DIETARY FAT

COMPARISON CHART



SATURATED FAT



POLYUNSATURATED FAT



Linoleic Acid
(an Omega-6 Fatty Acid)



Alpha-Linolenic Acid
(an Omega-3 Fatty Acid)

MONOUNSATURATED FAT



Oleic Acid

*Trace

Fatty acid content normalized to 100%

SOURCE: POS PILOT PLANT CORPORATION

Canola Info  canolainfo.org